

THE PALETTE



Good day members,

How often have you strolled through Kirstenbosch Garden, taking in the remarkable fauna and flora? Perhaps you have paused to watch a field mouse climbing a shrub in search of seeds, or looked up at Castle Rock – which many of us still fondly call *Teddy Bear Mountain* recalling childhood visits to the garden. Maybe you have painted a King Protea, or captured the elegance of a sugarbird perched upon one.

Our August Annual Challenge Competition is approaching and invites you to create a 3D artwork inspired by Kirstenbosch Garden- 2D submissions with some 3D embellishments are allowed. Let your creativity flow, and I look forward to seeing your innovative pieces. This will also be a personal challenge for me, as I have yet to create 3D art, but growth comes from stepping outside our comfort zones. Best of luck to all participants!

It is with deep regret that I must inform you that the committee is contemplating the closure of the CAS library and disposal of its books. Members will receive an email to vote regarding this issue:

- Do you currently utilize the library?
- Do you plan to use it in the future?
- Do you oppose its closure?

The library is significantly underutilised, and with the majority of information now easily accessible online, managing and storing the collection has become an unnecessary burden.

A warm welcome to our new members, Candice Barnard and Debbie Turberville, I look forward to meeting you both.

A reminder for our existing members - Annual memberships expire at the end of July. Kindly ensure that your renewal is completed timeously.

Jo-Anne

KEEP CREATING

Your CAS Committee

Jo-Anne Pentz - Chair
Philippa Versfeld - Secretary
Jude Molloy - Treasurer
Samantha Harlock-Moisey - Social Media & Exhibitions

Raksha Gajjar - Competitions
Lynne Routledge
Alan Routledge
Nadja Martinussen - Website assist
Ruth de Vantier Chowles-
The Palette - Edit and design



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Dates for your diary

30th June: Isabelle and Nico Roos

28th July: Candice Christie

25th August: AGM

29th Sept: Event TBA

27th Oct: Event TBA

24th Nov: Year-End Meet

**Meetings are held on the last
Tuesday evening of every month,
Venue: Alphen Hall in Constantia
Time: 7pm for 7.30pm start**

Last month, we had the pleasure of experiencing Beth Lowe's captivating and motivating introduction to her life as a plein-air painter. Many thanks Beth!

In June, we are excited to welcome the husband-and-wife duo, Isabelle and Nico Roos. Nico will discuss his artistic journey, while Isabelle will provide valuable insights into the business side of art.

In July, we will be celebrating *Watercolour Month*. Candice Christie, in collaboration with **Artsavingsclub**, will host an evening filled with watercolour exploration and experimentation—an event you won't want to miss.

Jo-Anne Pentz

WELCOME TO OUR New Members

A warm welcome to our new members,
May your involvement with CAS be enriching,
inspiring, and supportive of
your artistic development.

**Candice Barnard
Debbie Turberville**

CAS membership

2026/27 Subscriptions:

- New/lapsed Members: R175 joining fee + annual subscription
- Single member: R370 (includes monthly newsletter)
- 2nd family member: +R185
- Additional family members: +R95

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May report:

BETH LOWE

Beth Lowe captivated us with an inspiring presentation that showcased her enthusiasm for plein air painting.

Growing up on a farm, Beth developed a profound fascination with cloud formations, a recurring theme central to her artwork.

Rarely seen without her cherished sketchbooks, she often carries a small pocket sketchbook around her neck and a compact watercolor kit in her backpack – her preferred method for transporting paints and supplies when practicality is key. She meticulously crafts visual journals filled with sketches, which she finds much more personal and meaningful than photographs.

To tackle the challenges posed by the elements, Beth uses a French easel secured with guide ropes and stones to withstand wind, rain, and the unpredictable tides of the ocean. To protect herself from the sun, she employs a large white golf umbrella. Additionally, she sometimes faces the delightful distraction of curious onlookers and their dogs.

Beth also enjoys painting at night, often heading out at dawn or late afternoon with a rechargeable LED light that her husband has adapted for her easel, capturing what she describes as “the addictive changing light.”

Every year, her artwork is displayed in her home during the Kommetjie Open Studios. In her concluding remarks, Beth said that the experience of connecting directly with nature is truly unparalleled.



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Photo by Walter Coppola

KIRSTENBOSCH GARDENS IN 3D

Think beyond the canvas to create a 3D artwork that explores some of the many elements that make Kirstenbosch Gardens so memorable – the indigenous gardens, winding pathways, shaded trees, picnic lawns, mountain backdrops, sculptures, the tea garden, conservatory, Boomslang walkway, and peaceful corners that make each visit unique. Whether inspired by sweeping views, quiet details or special memories of time spent there, we look forward to seeing your artistic interpretation of this much-loved space.

Create a 3D artwork inspired by Kirstenbosch Garden- 2D submissions with some 3D embellishments are allowed.

Rules of entry:

- Entry is only open to CAS members who are present at the meeting.
- No digital entries will be accepted.
- Only one submission per artist.
- The selection of the artworks will be based on the open voting of members on the evening of the AGM.

August Annual Challenge COMPETITION



Coralie Bradburn



Mike Baudains and Sonja Rivett-Carnac



Kim Watermeyer

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Our June Guests

ISABELLE ROOS

Isabelle is a fine art consultant and curator of the Nico Roos/Marke Meyer Gallery within Fine Art Africa Gallery in Hout Bay.

She is known for her extensive knowledge of providing a one-stop service to private and corporate clients with sage art advice. She has extensive knowledge of sculpture and is familiar with how to care for bronze, ceramics, glassware, wood, and paintings.



NICOLAAS ROOS

Nicolaas Roos creates art that transcends boundaries. Blending diverse mediums, global inspirations, and a collaborative spirit, his work is lyrical, atmospheric, and serene. His paintings explore texture, bold contrasts, and the emotive power of oil on canvas. Rooted in philosophy, psychology, and the sciences, and inspired by classical music and the ocean, his work reflects the depth and intensity of the human experience. Guided by mindful awareness and curiosity, each piece tells its own story –personal, universal, and profoundly alive.



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Welcome to New Committee members

We are proud to introduce new committee members, Lynne and Alan Routledge. Thank you both for volunteering your time to support CAS.



Lynne and Alan Routledge

LYNNE ROUTLEDGE

Lynne Routledge is a Cape Town-based artist with a lifelong passion for art history, holding a BA degree from Wits University. After studying Jewellery Design at the Ruth Prowse Art College, she successfully managed the business Silvercraft, specializing in antique restoration and jewellery manufacturing.

Over the past decade, Lynne transitioned into fine art. Initially working with oils, she has recently pivoted to acrylics and mixed media. Heavily inspired by the Impressionists, her work explores mystical, symbolic color palettes designed to evoke a sense of profound tranquility.

cont...



New Committee members continued.



ALAN ROUTLEDGE

Alan Routledge was born and raised in the industrial north-east corner of North Yorkshire, where early exposure to the natural beauty of the Moors and the Yorkshire Dales fostered a deep appreciation for the outdoors and local wildlife. During his school years, he relied on high marks in Art to boost his academic performance, and although he considered pursuing art school, he ultimately embarked on a career in the Chemical Industry which brought him to Cape Town.

After taking early retirement and marrying Lynne, Alan pursued interests in photography, game/bird-watching, but did not initially return to art. This changed when Lynne encouraged him to join an evening art course, which reignited his passion for painting. Despite initial frustrations with oil painting, particularly with colour mixing, Alan found the challenge rewarding and began attending weekly oil painting classes ten years ago.



His artistic focus has evolved towards animal subjects, painting both his own pets and commissioned works of others' pets as well as wild animals. He also enjoys painting architectural subjects, likely influenced by his engineering background, and practices graphite drawing for its detail and realism.

Although his journey as an artist has been relatively short, Alan finds deep satisfaction in the immersive experience of painting and sense of fulfillment.

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Monthly challenges

Our monthly art challenges offer a chance to step outside your creative comfort zone, explore new ideas and try something different. Whether experimenting with a new medium, technique or style, each theme encourages artists to grow, build confidence and discover fresh ways of creating. It is also a reminder that art is about exploration, creativity and enjoying the process.

June : **Artivism**

Artivism = the combination of art and activism, where creative expression is used to raise awareness, inspire change, or challenge social, political, or environmental issues.

It's essentially art with a purpose beyond aesthetics: a way to communicate ideas, provoke thought, and encourage action. With this in mind- create something to raise awareness for a cause that you believe in.

July :

Still life scene from home

Still life scene from home: Choose a corner of your space – your kitchen table, a shelf, your desk, or even your windowsill – and build a still life scene using everyday objects. It could be fruit in a bowl, your favourite mug, books stacked up, or plants soaking in the light.

The challenge is to notice the beauty in the ordinary and capture it in your own style. Look at shapes, shadows, and colours – and see how the familiar can become art.

*Comfort is
the enemy of
achievement*

Farrah Gray



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May Challenge

Mixed media submissions



Jenny Ritchie



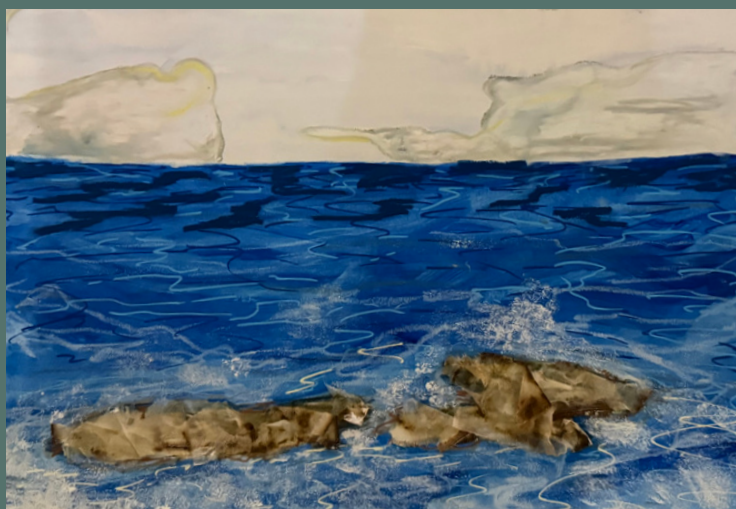
Fil Angelakis



Deidre Harris



Claire Ross



Samantha Harlock Moisey

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May Challenge

Mixed media submissions



Irene Oxley



Debbie Turberville



Angela Braun



Lynne Routledge



Klaus Schilling

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CAS discounts

Your VALID membership card gets you discount from the following art suppliers:

- **10%** at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- **10%** at The Write Shoppe (Steenberg, Sun Valley, Long Beach) selected art materials
- **10%** at The Italian Artshop (Riverside Mall, Rondebosch)
- **10%** at Waltons (Constantia Village, Constantia)
- **10%** at Artsavingsclub, Cape Town (Belvedere Square, Claremont)
- **10%** at The Deckle Edge (13 Brickfield Rd, Salt River)
- **10 %** at Artland (F7 Prime Park, Mocke Road, Diep River)
- **10%** at Oxford Stationers (Gardens Centre & Table Bay Mall)
- **15%** at ETH Canvas
- **5%** at Loot.co.za (Arts and Crafts only, using the monthly CAS Voucher code)

Palette Advertising-R250 per Ad

Terms and Conditions:

- 1.) Paid adverts include an email to members, posts to our CAS Social Media Stories, a post to the "CAS News" Whatsapp group, and a full A4 page in the Palette (as publication timing allows)
- 2.) Two business days notice is required before the expected publication date of your advert.
- 3.) Please include text in the body of the emailed advert- (No editing of adverts or text, will be executed by CAS.)
- 4.) Proof of payment should be sent to constantiabergartsociety@gmail.com.
- 5.) Adverts may be posted for CAS Members on the "CAS News" Whatsapp group, FREE of charge.

CAS resources

Click on the links below:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Instagram Accounts to follow](#)

