

THE PALETTE



Dear members,

Being a part of any society has its perks. CAS is no different. The best of these, being a place for people to learn together. I have found over my time with CAS, that people join for many reasons, but above all, it is the desire to learn and grow that hooks us and keeps us coming back year after year.

In this edition Samantha reflects on what she has learnt as Exhibition co-ordinator. This reminded me of a quote by Abigail Adams (1744-1818) - "Learning is not attained by chance, it must be sought for with ardor and diligence. If you put yourself in the way of good people, experienced people, encouraging people, then you cannot help but learn and grow."

It is a choice that each of us makes every day and I am grateful for the shared wisdom and inspiration that every person brings to CAS.

Our second Kirstenbosch Exhibition is opening next week. Hanging day can be more than dropping off your work - let it be a time to get to know your fellow artists. We wish the participating artists the best for a good show.

Last month's meeting was rich in shared knowledge, inspiration and encouragement. It is seldom that artists enjoy a meeting of minds in such a profound way as in a crit session. Many thanks to Marc Alexander for holding the space and our members work with such grace and professionalism. The evening was enjoyed by all. If you are feeling like you missed out, you can read some reflections and tips on pages 3 and 4.

This month, we will be hosting Jill Trapler, who will be sharing her experiences as an artist and how she has brought her passion for art to foster homes with children and teens. OAP engages practising artists to work as art mentors within the homes on a weekly basis. If you missed your chance to bring gently used art supplies in August, please bring them along to donate at our October meeting. A little goes a long way!

Lastly, I would like to welcome new members, Jacqui Corbett and Sue Lottering, this month. It is always a delight to have our numbers grow and I would encourage you to get to know them.

-Philippa Versveld

Your CAS Committee

Philippa Versveld - Secretary
Jude Molloy - Treasurer
Samantha Harlock-Moisey -
Social Media & Exhibitions

Raksha Gajjar - Competitions
Lynne Routledge
Alan Routledge - Audio Visual
Lynda Murison
Kim Watermeyer
Jane Forsdyke

Contributors: Nadja Martinussen- Website manager

Ruth de Vantier Chowles- The Palette Editor.



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



[@casconstantiabergartsociety](https://www.instagram.com/casconstantiabergartsociety)



Dates for your diary

21st Oct- 4th Nov:

2nd Kirstenbosch Exhibition

27th Oct: Jill Trappler will talk about **The Orange Project**

24th Nov: Year- End Event and Founders Trophy

Meetings are held on the last Tuesday evening of every month,
Venue: Alphen Hall in Constantia
Time: 7pm for 7.30pm start



ART EXHIBITION KIRSTENBOSCH BOTANICAL GARDENS

21 - 4
OCTOBER - NOVEMBER

OPEN DAILY: 10 - 5pm | Last Day: 2pm

Our talented members have been hard at work producing amazing works of art for your enjoyment.

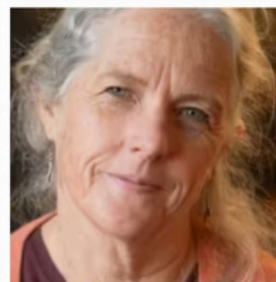
New CAS Members

A warm welcome to our new CAS members,
Please keep an eye out for visitors and new members at our gatherings and help us make them feel at home in true CAS spirit.

Jaqueline Corbett
Sue Lottering

Your old Art supplies are always appreciated and it would be great to hand these over to Jill Trappler at our October meeting!

GUEST SPEAKER



Jill Trappler

Tues 27th Oct, 2026

Jill will talk about **The Orange Project** - A charity that introduces foster children to art.

Please bring any unwanted art supplies to donate!



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



[@casconstantiabergartsociety](https://www.instagram.com/casconstantiabergartsociety)

September guest

MARC ALEXANDER

"Crits help us to grow as artists." – Marc Alexander

What a fabulous, informative evening we had! Marc was so generous with his knowledge along side his very gentle and encouraging crit of the paintings that some of our members brought in. Even if it wasn't your painting being examined, all our attendees still learned so much from his input.

We had about 12 paintings for Marc to analyse which gave him approximately 10 minutes per painting to discuss what was 'working', and then which areas could do with some improvement.

All in all it was a fascinating and very enlightening evening. With all the questions coming after the crit, we could have gone on for hours! We'll definitely have to get Marc back next year for another evening of crits. Thank you Marc. It was awesome ... and in his own words 'good job!'

 [@marc_alexander_art](https://www.instagram.com/marc_alexander_art)

create . exhibit . support . inspire



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



@casconstantiabergartsociety

What we learned-

MARC ALEXANDER

Some things to consider:

- Where is the light coming from?
- Is your horizon line straight?
- In a landscape, for instance, things further away should seem fuzzier (soft edged) and slightly bluer, while things in the foreground should appear bigger and crisper. To push & pull the depth in a painting, he suggests using very thin glazes in layers.
- If painting loosely – remember ‘economy’ of brushstrokes.
Consider each brushstroke and make it work for you.
- Contrast! Contrast! Contrast!
The biggest weakness in most paintings is the lack of contrast: darkest vs lightest areas. There should be some white areas and some ‘black’ areas. The more defined the contrast is, the more eye-catching the painting will be. In a gallery setting, with lots of paintings fighting for space, the ones with the most contrast jump out.
- To get a 3D effect, one should have at least 10 values across a painting. Meaning if 1 represents white, and 10 represents ‘black’ then all the values (light to dark 2 – 9) are all represented. If you only have 3 to 5 values, your paintings will look very flat. The more values seen, the more 3D it will look.



- Black! One of Marc’s biggest bugbears is the use of Ivory black, Mars black, etc. He’d much prefer we mix our own Chromatic Black using a transparent French Ultramarine & Burnt Umber, or Burnt Sienna. Remember to read your labels to find the transparent, not opaque ones.



create . exhibit . support . inspire



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



@casconstantiabergartsociety

Our October guest

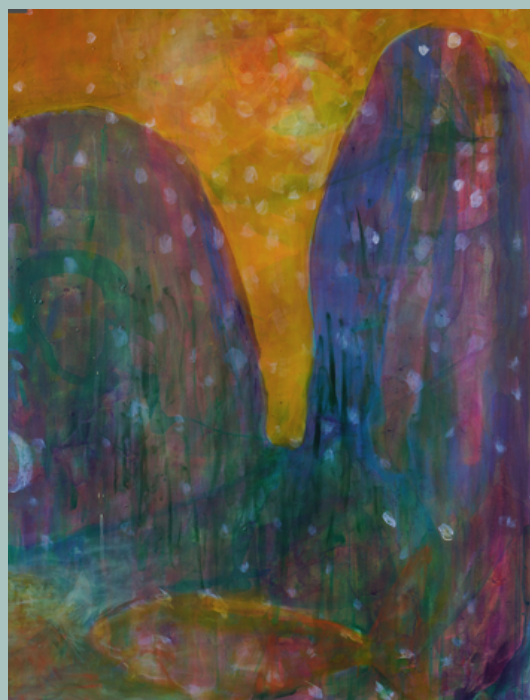


JILL TRAPPLER

Fine Artist and Founder/chair-
The Orange project

Jill is a South African artist who works in several media, including painting, weaving, and installation.

The combinations of project work, teaching and personal practice have a significant impact across Jill's work. This accumulation of interactive activities contributes to her daily studio practice.



The Orange Art Project (OAP) is a registered South African NPC. OAP facilitates regular art sessions for children and youth in foster families across Cape Town and its surrounding areas.

The sessions are hosted by practising artists contracted by OAP. Sessions typically take place weekly within the foster homes or in the artists' studios, and include the foster mothers where possible. This regular programming is supplemented by outings to various art and culture spaces.

Recently these have included: Zeitz MOCAA, the South African Jewish Museum (SAJM), Kirstenbosch, the Irma Stern Museum and the home/studio of artist Willie Bester.



create . exhibit . support . inspire



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



@casconstantiabergartsociety

What I learned as CAS Exhibition co-ordinator



SAMANTHA HARLOCK MOISEY CAS Committee Member

I joined Constantiaberg Art Society in 2022, and because I apparently came across as very enthusiastic, I was asked to join the committee the following year. I am now in my fourth year on the committee, managing our social media, and my second year coordinating the exhibitions. A good lesson to note is that if you don't want to get involved, don't look too excited!

I've learnt quite a few things along the way. Here are some of them:

Seeing your own art on the walls never gets old.

The first time I had artwork in a CAS exhibition was in 2022, when the August Challenge pieces were displayed as part of the exhibition. It was a huge highlight for me! I know that once we have exhibited at Kirstenbosch a few times, some of that initial excitement might wear off, but I hope everyone still gets that little spark of joy when they see their work out in public, in an amazing space, alongside the work of so many other talented artists.

create . exhibit . support . inspire



Exhibitions are a great way to get to know other artists

I started sitting at the exhibitions in 2023 and this is when I began to get to know so many of our artists.

Did you know we have an artist who played a sport for South Africa? We have multilingual artists, and watching them put those language skills to work when helping a visitor make a purchase is wonderful to see!

And, in a very specific example for me, I have also found another artist who has a similar work background to me and has a pet pug! These little connections are one of the things I enjoy most about being part of CAS. Building relationships with other artists is really special.





I am learning to delegate

Our committee is such a lovely, hardworking group of people. We have an amazing group of artists and their partners who are always willing to give their time and energy to help. Until you start working behind the scenes, you don't always realise just how much needs to be done, or how many people quietly help to make an exhibition happen.

We have a couple who help at practically every exhibition, setting up and making sure the chains and other bits and pieces are neatly laid out for everyone to collect, so that things go smoothly on hanging day. We also have previous committee members who continue to volunteer and help, even after they have left the committee.

I am learning that I don't have to do everything myself – and, realistically, it would be impossible for me to do everything myself. Sometimes my job is simply to make sure something happens, even if someone else is the one doing it.

The unpredictability of sales

After a few exhibitions, I have learnt to make some fairly educated guesses about which artworks might sell better than others. Then an exhibition comes along and completely surprises me in a good way. The pieces we assume will sell don't, while other pieces find new homes because the right buyer was at the show. I really do believe there is a buyer for every painting.

Artists are just people!

As I continue to find my footing in the art world, one of the most delightful aspects of being part of CAS is realizing that the artists I've admired from afar on Instagram are just regular people—and some of them even know who I am now! That feeling remains incredibly special to me.

I've made it a priority to get to know our artists. Many have commented on how it seems like I know all our artists, to which I often jokingly respond that they could too if they organized the exhibition, which usually results in a slightly awkward laugh and a firm, “Nope, not doing that!”

Nonetheless, I strive to meet all our artists and connect their names with their artworks. It's a true privilege to be part of their artistic journeys, and I take this responsibility to heart.

I hope you all enjoy your experience at our exhibitions, whether it's your first time showcasing your work or you've been doing it for years.

My Final Lesson: Get Involved!

Getting involved will look different for everyone. You might choose to help at an exhibition, volunteer behind the scenes, spend a few hours at the exhibition, participate in a committee activity, or simply make an effort to connect with other artists.

From my experience, the more you engage with CAS, the more you will gain from it. And perhaps most importantly, you'll have the chance to meet some truly wonderful people along the way.

create . exhibit . support . inspire

Monthly Challenge- October/Inktober

Inktober is a fun annual drawing challenge where artists create an ink drawing each day throughout October, using a daily prompt as inspiration. It was started by Jake Parker in 2009. Each year, there is an updated list of prompts to follow. This started at the beginning of the month and some prompts allow you to think outside the box. Try as many as you feel like and bring your favourite, or your whole sketchbook, to our next meeting.



You can also find more information about Inktober on their website or social media pages:

<https://inktober.com/>

<https://www.instagram.com/inktober/?hl=en>

<https://www.instagram.com/inktober/?hl=en>

Here is the list for 2026.



OFFICIAL 2026 PROMPT LIST

1. APPLE	11. RESCUE	21. HERO
2. RELIC	12. TOSS	22. BEACON
3. MINIATURE	13. FLIMSY	23. DAPPER
4. CACTUS	14. LADY	24. BAKE
5. SMACK	15. HOORAY	25. FRACTURE
6. OGRE	16. GANGLY	26. ZIP
7. PANIC	17. CONTRAPTION	27. DUMB
8. STINKY	18. FLIGHTLESS	28. TROPHY
9. RAM	19. CONFUSED	29. TUSK
10. MYSTICAL	20. LOUNGE	30. COOKIE
		31. FLEX

@INKTOBER #INKTOBER #INKTOBER2026

create . exhibit . support . inspire



WWW.CONSTANTIABERGARTSOCIETY.COM



constantiabergartsociety@gmail.com



@casconstantiabergartsociety

Monthly Challenge- September

Create an animal using unusual
mark-making materials



Fil Angelakis- Urchin



Fil Angelakis- The process



Jenny Ritchie - Squirrel



Samantha Harlock Moisey- Hen

create . exhibit . support . inspire

Monthly Challenge- September

Create an animal using unusual
mark-making materials



Sam Nortje- Run



Sam Nortje- Stud Wars



Mike Baudains- Gemsbok



Ruth de Vantier Chowles- Giraffe

create . exhibit . support . inspire



ALEXANDER ART ACADEMY

www.alexanderartacademy.com

Art Classes with Marc Alexander

Join us for inspirational art classes in a relaxed, creative environment, where you'll explore both traditional and modern techniques in various mediums and styles. Marc offers a unique, creative learning experience, drawing on his extensive background as a South African contemporary fine artist. His art instruction is accessible to all skill levels, from beginners to seasoned artists, with easy-to-follow lessons and projects.

REGISTER NOW TO BOOK YOUR SEAT - R350 per lesson.
Beginners to seasoned artists are welcome.

Home Studio, 48 Herschel Road, Fish Hoek

MONDAY MORNING CLASS:	10am - 1pm
MONDAY AFTERNOON CLASS:	2pm - 5pm
TUESDAY MORNING CLASS:	10am - 1pm
TUESDAY AFTERNOON CLASS:	2pm - 5pm
TUESDAY EVENING CLASS:	6pm - 9pm
THURSDAY MORNING CLASS:	10am - 1pm

Rotary Club of Kirstenbosch, Athenaeum Road, Claremont

WEDNESDAY MORNING CLASS:	10am - 1pm
WEDNESDAY AFTERNOON CLASS:	2pm - 5pm



 **loot.co.za**

Loot.co.za invites you to shop
our wide range of Arts and Crafts
supplies at great prices

**GET 5% OFF ARTS
AND CRAFTS
PRODUCTS WHEN
YOU USE THE
COUPON CODE:**

OCTART4CAS26

Minimum spend R250

Expires 15 November 2026

One voucher per customer and order



www.facebook.com/Lootcoza



www.x.com/lootcoza



www.instagram.com/lootcoza



www.tiktok.com/@lootcoza



CLICK www.loot.co.za



DIAL 087 820 LOOT (5668)



EMAIL info@loot.co.za

FIND EVERYTHING YOU NEED ONLINE AT www.loot.co.za



FREE COURIER OR CLICK & COLLECT DELIVERY
ON ALL ORDERS OVER R450 ANYWHERE IN SOUTH AFRICA*

*PRICES ARE SUBJECT TO CHANGE & VALID WHILE STOCKS LAST | E&OE | T&Cs APPLY

CAS discounts

Your VALID membership card gets you discount from the following art suppliers:

- **10%** at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- **10%** at The Write Shoppe (Steenberg, Sun Valley, Long Beach) selected art materials
- **10%** at The Italian Artshop (Riverside Mall, Rondebosch)
- **10%** at Waltons (Constantia Village, Constantia)
- **10%** at Artsavingsclub, Cape Town (Claremont)
- **10%** at The Deckle Edge (13 Brickfield Rd, Salt River)
- **10 %** at Artland (F7 Prime Park, Mocke Road, Diep River)
- **10%** at Oxford Stationers (Gardens Centre & Table Bay Mall)
- **15%** at ETH Canvas
- **5%** at Loot.co.za (Arts and Crafts only, using the monthly CAS Voucher code)

Palette Advertising-R250 per Ad

Terms and Conditions:

- 1.) Paid adverts include an email to members, posts to our CAS Social Media Stories, a post to the "CAS News" Whatsapp group, and a full A4 page in the Palette (as publication timing allows)
- 2.) Two business days notice is required before the expected publication date of your advert.
- 3.) Please include text in the body of the emailed advert- (No editing of adverts or text, will be executed by CAS.)
- 4.) Proof of payment should be sent to constantiabergartsociety@gmail.com.
- 5.) Adverts may be posted for CAS Members on the "CAS News" Whatsapp group, FREE of charge.

CAS resources

Click on the links below:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Instagram Accounts to follow](#)

