

THE PALETTE

YOUR CAS COMMITTEE

- CHAIR: JO-ANNE PENTZ
- SECRETARY & PALETTE: PHILIPPA VERSFELD
- TREASURER: AVRIL SHORKEND
- SOCIAL MEDIA & EXHIBITIONS: SAMANTHA HARLOCK-MOISEY
- COMPETITIONS: RAKSHA GAJJAR
- LYNNE ROUTLEDGE
- ALAN ROUTLEDGE
- COMMITTEE ASSISTANT - WEBSITE: NADJA MARTINUSSEN
- COMMITTEE ASSISTANT - EXHIBITIONS & FINANCE: JUDE MOLLOY

Good day, Members,

Is anyone else wondering what has happened to autumn? I'm missing the trees' beautiful autumn foliage — the oranges, reds, yellows and warm browns. Hopefully we'll still get to hear those thick, crisp leaves crunching under our feet before winter settles in.

Last month's meeting with Lyn Northam left many of us inspired and energised. Lyn encouraged us to draw quickly, experiment boldly, and simply have fun. The hall buzzed with laughter and creativity as we sketched, scraped and sprayed our way through the evening. A big thank-you to Coralie Bradburn for the mount boards we worked on.



LYN NORTHAM LEADING OUR APRIL MEETING

This month we welcome Beth Lowe, who will be sharing some of the highs and lows she has experienced over the years as a dedicated plein air artist. It promises to be an insightful and heartfelt session.

At the moment, the future of our society is looking promising. We are grateful to the members who have volunteered to join the committee but are unable to attend our once-a-month Wednesday morning meetings. We hear you. We are currently experimenting with remote meetings, which may open the door for more members to participate. If you would consider joining the committee should meetings be held remotely and in the evening, please contact us at constantiabergartsociety@gmail.com. The library and catering portfolios remain unfilled and will stay inactive until further notice.

We will be deciding on our annual challenge theme in June. If you have an idea for an interesting or unusual theme, please drop us an email — we'd love to hear your suggestions.

Happy creating!

To-Anne
CCAS Chair

Website: www.constantiabergartsociety.com

Email: constantiabergartsociety@gmail.com

Instagram: [@casconstantiabergartsociety](https://www.instagram.com/casconstantiabergartsociety)

Facebook: <https://www.facebook.com/CASConstantiabergArtSociety>

CAS Diary

MEETING DATES

28th April : Still Life Drawing Practical

26th May : Beth Lowe - Plein Air Painting

30th June : Isabelle and Nico Roos

28th July : Candice Christie

25th August : AGM

Meetings are held on the last Tuesday evening of every month,
at the Alphen Hall in Constantia.

Time: 7pm for 7.30pm.

NOTICES

BECOME A CAS MEMBER

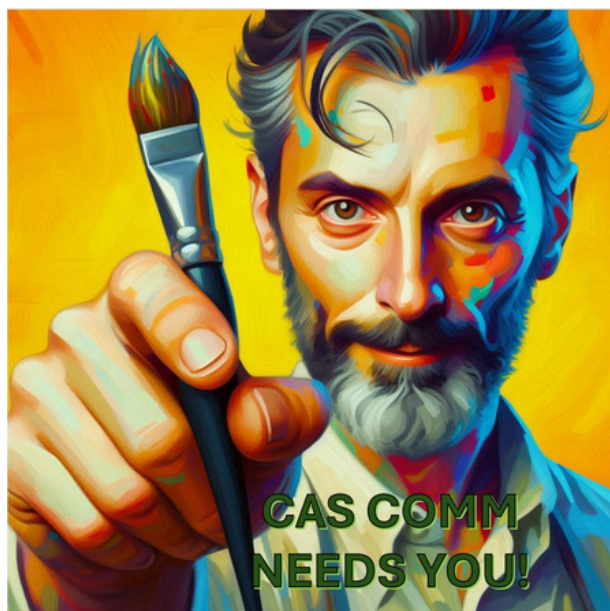
2025/26 Subscriptions:

- * New and lapsed Members: Joining fee of R175 plus the annual subscription.
- * Single member subscription: R370 (Subs include monthly emailed newsletter)
- * 2nd-member family household subscription: + R185
- * Additional family household member/s +R95

SEND your **POP** to

constantiabergartsociety@gmail.com

2025/26 Membership Expires 31 July 2026



Our amazing Art Society - the friendliest, happiest art society in Cape Town - is powered by passionate volunteers who make everything happen.

According to our constitution, we should have a minimum of 8 members in our committee. We need YOU (urgently)!

All you need is a positive attitude and a willingness to be part of a lovely team.

Create - Exhibit - Support - Inspire

APRIL REPORT

Lyn Northam

A PLAYFUL EXPLORATION OF MATERIALS

Our April meeting was a wonderful opportunity to explore gelato water-soluble crayons, watercolour pencils, pastel sticks, markers and a variety of other exciting art materials. Our guest for the evening was Lyn Northam, whose background as a teacher and principal, shone through from the moment she began. Lyn knew exactly how to capture our attention, help us focus, and gently encourage us to leave the day's stress behind.

She opened the session by blowing bubbles — a simple, light-hearted gesture that set the tone for the evening — while explaining our challenge. It wasn't a difficult one: to have FUN.



Lyn placed a large, colourful arrangement of flowers in the centre of the room, and we sat in a circle around it. Each chair held a different selection of art materials. Every three minutes the flowers were rotated and the materials were passed along to the next artist



We were challenged to draw with our non-dominant hand, draw without looking at the paper, and draw without lifting our hand from the page. The room was filled with laughter, concentration, and the wonderful energy that comes from creative play.

Thank you, Lyn — we truly did have FUN.

A special thank-you also goes to Coralie Bradburn, who generously donated the mount boards we worked on. Please consider supporting Coralie when you next order mount boards: 082 925 2416.



A PLAYFUL EXPLORATION OF MATERIALS

43
3



MAY SPEAKER

BETH LOWE: PLEIN AIR

Beth Lowe (nee Swinford) grew up on a farm near the small town of Douglas in the Northern Cape, South Africa. After completing a BA Fine Arts (HED) at Stellenbosch University, she taught art at both Primary and High School levels, and ran private art classes from home while her three children were growing up.

From farm life to living in the coastal town of Kommetjie, Cape Town, Beth has always loved to paint the beautiful outdoor scenes that surround her.

Throughout the changing seasons, and various weather conditions, Beth captures these moments in true plein air style.

Beth happily endures harsh weather conditions to capture the unexpected and beautiful fleeting moments.

Beth has work in galleries on the peninsula and holds exhibitions regularly in her home.

Beth achieved a SASA Fellowship in 2022.



WET SANDS MUIZENBURG



SEASONAL SHOW



My painting practice is a journey and a journal of my life; it's a practice that can be enjoyed wherever I am.

As a young farm girl I recall the absolute wonder of sunsets, cloud formations and the smell of earth after a thunderstorm.

I strive to capture these moments of light and the impressions of the day with a freedom of brushstroke while also trying to simplify my subject.

I hope to convey the essence of the power and joy I feel while being out in nature.

Most of my work is alla-prima and en plein air or from my own sketches, drawn from life.

BETHLOWE.CO.ZA

MONTHLY CHALLENGE

MAY + JUNE

May : Mixed Media

Art is a realm of boundless creativity, where artists are constantly pushing the boundaries of traditional mediums to express their ideas and emotions. One such avenue that has gained immense popularity and recognition in recent years is mixed media art.

Try and incorporate at least 3 types of mediums within your work and create either a seascape or landscape (either real or imagined)



June : Artivism

Artivism = the combination of art and activism, where creative expression—through painting, performance, music, visual arts, or other mediums—is used to raise awareness, inspire change, or challenge social, political, or environmental issues.

It's essentially art with a purpose beyond aesthetics: a way to communicate ideas, provoke thought, and encourage action. With this in mind- create something to raise awareness for a cause that you believe in.



APRIL CHALLENGE: "MY STYLE"



CLAIRE ROSS, "FISH HOEK", OILS



ANGELA BRAUN, "LITTLE PROTEA KING", ACRYLIC



BILL ELLENS, "OUTDOOR 3 HOUR SKETCH", PEN & COPIC



ALAN ROUTLEDGE, "NEELIX", OIL



DEE SMALE, "EXPRESSWAY", OIL



SUE PAULSEN, "GREEN GOODNESS", OIL



CANDICE CHRISTIE, "OLIVE TREE", ARTGRAF



DANIEL ROSS, "UNTITLED 4037", OIL



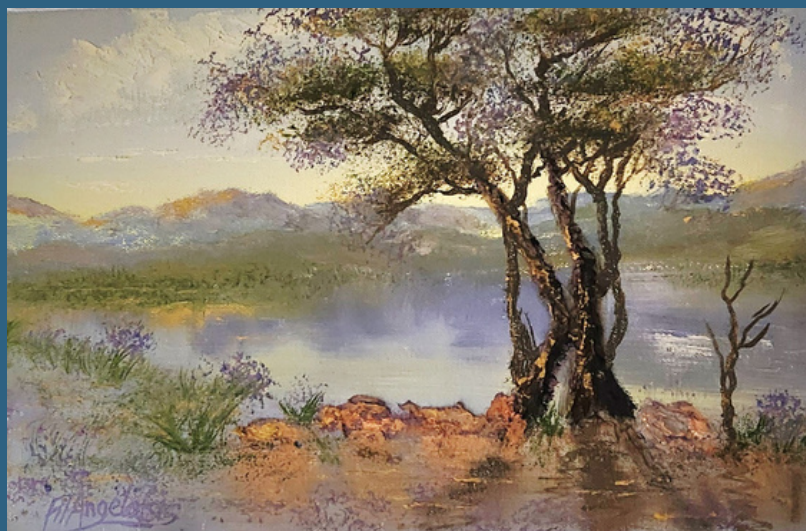
CARO POTTS, "WOODLANDS KINGFISHER", W/C



KYM CLAYTON, "CANOLA FIELDS", ACRYLIC



JENNY RITCHIE, "WATCHING THE CRABS", OIL



FIL ANGELAKIS



JANE FORSDYKE, "TURNED TO STONE", MIXED MEDIA



IRENE OXLEY, "MOM & BABY", ACRYLIC



KLAUS SCHILLING, "FLOWERS"



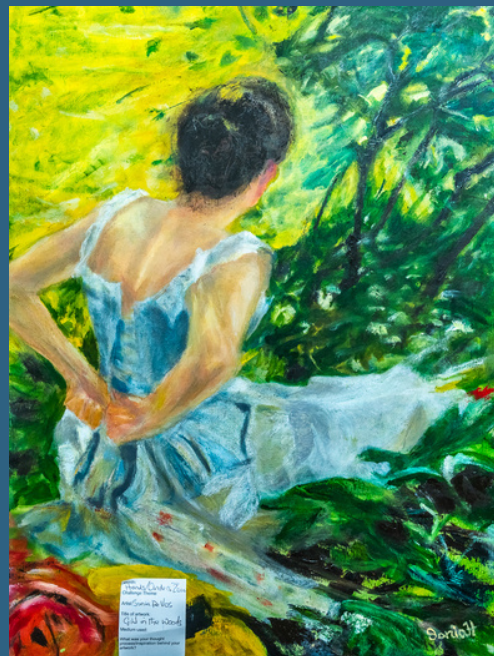
LYNDA MURISON, "MY STUDIO", OIL



LYNNE ROUTLEDGE, "SARA", ACRYLIC



MIKE BAUDAINS, "ALEX", ACRYLIC



SONJA DE VOS, "GIRL IN THE WOODS", OIL



SAMANTHA HARLOCK-MOISEY
"STORM IN A TEACUP", ACRYLIC



SHARON OFFORD, "SPLASH!", OIL

PORTRAIT PAINTING WORKSHOP



By Willie Jacobs

CAPE TOWN

30 - 31 May 2026

13 - 14 Jun 2026

**4 Day
Workshop**

"CANVAS AND CRAFT"

**108 RAATS DR,
TABLEVIEW**

SAT - SUN

9am - 4pm

Jo-Anne Pentz- 082 302 6406

Willie Jacobs- 083 746 1208

"Willie Jacobs, an established portrait painter, is hosting a 4 day workshop - The 10 points of good portraiture - at my studio in Table View. 2 days of skintones and tonal values, 2 weeks to practice and prepare a portrait of your choice then 2 days to work on your chosen portrait and finish any incomplete artworks. He is good. I have done his workshop not once but twice."

-Jo-Anne Pentz

DISCOUNTS FOR CAS MEMBERS

Your 2024/25 membership letter/card will allow you to claim your discount from the following art shops:

- 10% at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- 10% at The Write Shoppe (Steenberg, Sun Valley, Long Beach) selected art materials
- 10% at The Italian Artshop (Riverside Mall, Rondebosch)
- 10% at Waltons (Constantia Village, Constantia)
- 10% at Artsavingsclub, Cape Town (Belvedere Square, Claremont)
- 10% at The Deckle Edge (13 Brickfield Rd, Salt River)
- 10 % at Artland (F7 Prime Park, Mocke Road, Diep River)
- 10% at Oxford Stationers (Gardens Centre & Table Bay Mall)
- 15% at ETH Canvas
- 5% at Loot.co.za (Arts and Crafts only, using the monthly CAS Voucher code)

PALETTE ADVERTISING RATES

Full Page R300 (A4 portrait)

Half Page R200 (A5 landscape)

Insert R150

(All options include an email to members and advert on the CAS social pages)

NOTICE BOARD

CLICK ON THE LINKS BELOW TO ACCESS THESE RESOURCES:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Instagram Accounts to follow](#)



artland
EMPTY WALLS LOVE US



THE DECKLE
EDGE

eth
canvas



loot.co.za

