



MAY
2025

THE PALETTE

YOUR CAS COMMITTEE

- CHAIR: JO-ANNE PENTZ
- VICE CHAIR & COMPETITIONS: SANDY DUFFELL-CANHAM
- SECRETARY & PALETTE: PHILIPPA VERSFELD
- TREASURER : NOELINE Mc MASTER
- SOCIAL MEDIA: SAMANTHA HARLOCK-MOISEY
- EXHIBITIONS & FINANCE ASSISTANCE: JUDE MOLLOY
- COMMITTEE ASSISTANT - LIBRARY: MIEKE DEVILL
- COMMITTEE ASSISTANT - PHOTOGRAPHER: MARC PENTZ
- COMMITTEE ASSISTANT - AV: ANDY DUFFELL-CANHAM

Hello Members,

My oh my! I was blown away at our April meeting. Well done to every enthusiastic artists, who arrived laden with art supplies, keen and ready for life drawing. After the meeting many artists shared with the committee or me how much you enjoyed the evening. Your support and encouragement will help us plan meetings going forward. Everyone gave it their best shot. The drawings produced were impressive.

Cape Town is the theme for our August challenge. When Micheal Wade offered to produce a calendar for CAS the committee thought it a good idea. We decided the top 12 paintings in our August challenge will be featured in our calendar. I love Cape Town. I look forward to seeing your entries. Read more about it on page 3.

Gavin Thompson, illustrator and cartoonist, is our May guest. Gavin is the co-creator of the cartoon *Treknet* which appears daily in The Cape Times, Mercury and Saturday Star. Gavin will share some tips on creating cartoons as well as digital illustrating.

Our March guest, Sonja Frenz, is offering mixed media abstract workshops in June. Abstracts in mixed media: charcoal, pen and ink with water-based paint etc. 10th /21st of June. 9h30 -13h00. R450 includes all materials used. Her studio is located in Durbanville. Contact Sonja Frenz, 083 631 3476 or sonjafrenz@gmail.com if you are interested in joining or to be added to her mailing list in order to keep up to date with future opportunities.

Keep warm and keep creating-

Jo-Anne
CAS Chair

Website: www.constantiabergartsociety.com

Email: constantiabergartsociety@gmail.com

Instagram: [@casconstantiabergartsociety](https://www.instagram.com/casconstantiabergartsociety)

Facebook: <https://www.facebook.com/CASConstantiabergArtSociety>

MONTHLY MEETINGS:

Meetings are held on the last Tuesday evening of every month, at the Alphen Hall in Constantia.
Time: 7pm for 7.30pm.

CAS Diary: Meeting Dates

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May 27th - Gavin Thompson
Stephen Gipson

Library Matters LEISURE PAINTER AND THE ARTIST

We have a lot of new magazines that will be available at the next CAS meeting, so I decided to do this month's review on the UK-based "Leisure Painter & the Artist" which seems to have combined into one thick and highly informative publication. There is always a piece on the work and life of an artist master, as well as a bunch of tutorials from different artists using a variety of mediums.

I find the articles to be extremely relevant to the times as they are mostly by or about working artists that reveal how they personally navigate the industry. Besides getting introduced to new media and techniques when they talk about their creative process, the articles often include useful tips to help with the practical side of building a career, approaching galleries and different ways of marketing your work.

This proves to be quite encouraging for someone who has no connections in the art world and suffers from the occasional imposter syndrome episode.

My favourite part of the magazine is always the "Ask an Artist" excerpt, which deals with questions from largely emerging artists, asking advice about new ventures or how to deal with certain dilemmas regarding clients, galleries or employers. The answers always instill some confidence and helps me to feel like I really am an artist.

Mieke



Are you needing a framer or art classes? You can access a list of recommended service providers via our newsletter under "Notice board".

August Competition

With our AGM Meeting comes our annual August Competition. Apart from our usual exciting prizes to be had, we are adding in an extra element this year.

The top 12 voted artworks will be published in a 2026 Constantiaberg Art Society Calendar. You have 3 months to create something special for this challenge.

Take special note of the theme and the dimensions to be eligible to enter.



Theme: CAPE TOWN

**All artworks must be Landscape 2:3.
Any size artwork of this ratio will be accepted.**

Tuesday, 26th August 2025



Entry into the competition is only open to CAS Members who are present at the meeting. No digital entries will be accepted. The selection of artworks will be based on the open voting of members on the evening of the AGM.

April Meeting Report

Life Drawing

Our April meeting was a life drawing session. Pippa, our secretary shared some useful drawing tips.

Resist erasing incorrect lines. They can add interest to the drawing while serving as a guide to place a more correct line. Holding a pencil up between oneself and the model can help one to determine proportions. Thank you Sandy Duffel-Canham for timekeeping.

The drawings produced were impressive. Some artists shared it was their first time life drawing. Gabby, our model, was very pleased with the drawings gifted to her at the end of the evening. Two of the drawings have been framed. Thank you, Mike, Mieke, Kim and Penny for your generosity.



May: Cloudy Skies

June: Song inspiration: "Bohemian Rhapsody" by Queen (1975)

July: Cityscapes

August: AGM Calendar Competition

September: Poem inspiration: "Perspectives" by Nikita Gill

October: Abstract Conversations

November: Founders' Trophy My best artwork

2025

MONTHLY

CHALLENGES

April Challenge

“This is Just to Say”



Truida Grove, "Plum Colour Palette Floral"

Laurence Ata, "My daughter"



Samantha Harlock-Moisey, "This is Just to Say",



Fil Angelakis, "Juicy Plum", Mixed Media Illustration



Jenny Ritchie, Pastels



Michael Wade, Oil

INTHE ZONE

ART STUDIO

CREATIVE WORKSHOPS 2025



INTRO
TO **ABSTRACT**
PAINTING WORKSHOP

SAT: 24th MAY | 9am - 1pm | R575pp

Intro to ABSTRACT ART

This 4hr workshop is for every adult who wants to explore the world of abstract art, but doesn't know where to begin.

You will learn the basics - how to get inspired, different mark-making techniques, choosing a colour palette, creating a sense of depth, and how to 'just let go', while having fun along the way. Price includes all art materials, tea, coffee and cookies.

[CLICK TO BOOK](#)



LEARN 2 DRAW
DRAWING WORKSHOP

SAT: 7th JUNE | 9am - 12 | R450pp

LEARN to DRAW

This 3hr workshop is designed for those who think they can only draw stick figures, and for those who want to brush up on their drawing skills. You will learn to really observe and how to convey what you see to paper. You will be introduced to various observational exercises & drawing techniques which capture form, scale & shadow. Price includes all art materials & refreshments.

[ON QUICKET - LATE MAY](#)



VAN GOGH
PAINTING WORKSHOP

SAT: 21st JUNE | 9am - 12 | R475pp

PAINT LIKE VAN GOGH

In this 3hr workshop you will be introduced to an impressionist, impasto style of painting, mimicking the vibrant strokes of Vincent van Gogh. You will be guided the whole way, starting with a few short painting exercises, before commencing with your very own A4 landscape in a van Gogh-inspired style.

[ON QUICKET IN JUNE](#)

[CLICK HERE](#)
for
ACRYLIC CLASSES

[CLICK HERE](#)
for
WORKSHOPS

[CLICK HERE](#)
for
MOCK-A-MASTERS

Email: info@kimwatermeyer.co.za | 079 343 5953

KFC Building (above P'nP Liquor) | Wicklow Road | Plumstead

GIFT VOUCHERS AVAILABLE

Note: Dates & times may change without notice.

May Speaker Gavin Thompson

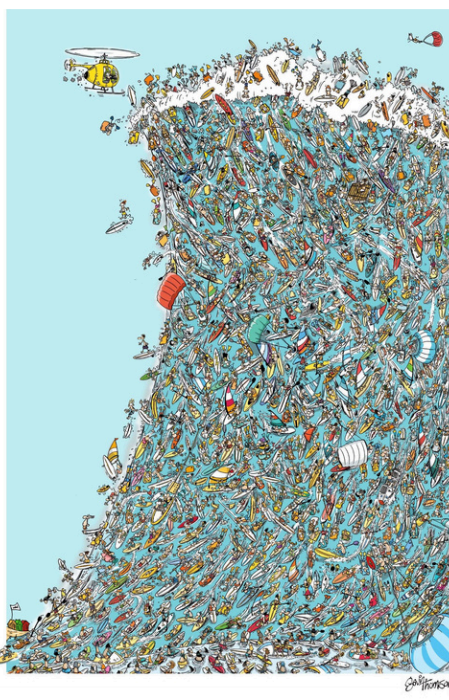
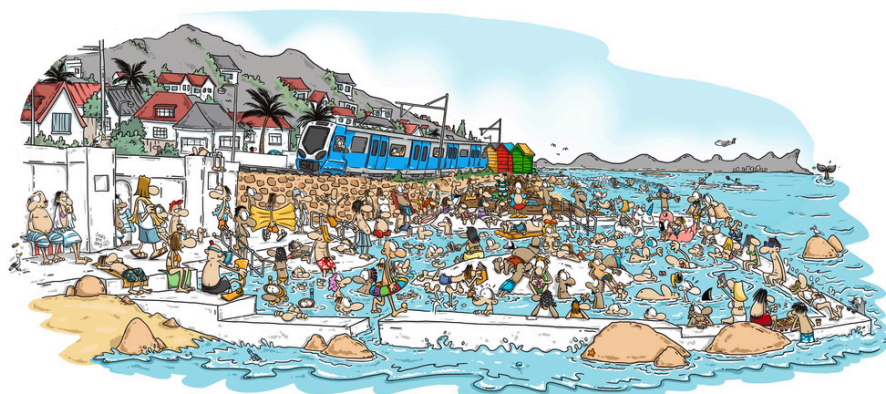


Gavin Thomson is the co creator of the the long running daily comic strip *Treknet*, which began life in the False Bay People's Post in 2005 and continues to be published daily in the Cape Times, Mercury and Saturday Star.

He was also the Illustrator of the cartoon classics *Mama Taxi*, *Koos*, *Ripples* and *Brak* and from 2005 to 2017 he was the editorial cartoonist for the People's Post and received a commendation for his work at the Standard Bank Sikuvile Journalism Awards.

His illustrations have been used in numerous children's story books including the 'And Friends' series written by Roy Harding, Jesus stories for *Little Zebra Books* and *The Bungle in the Jungle* by John Bush.

In between his comic and book deadlines, he still manages to draw for pleasure. These are some of the results of those drawings. We hope you will take the time and enjoy studying his pictures, finding all the strange and weird little details in the now infamous *Lockdown block*, *Epic Wave*, *Circle of Surfers* and the crazy *Circle of Rock*, *Muizenberg Mayhem* and wacky Cape Town bicycle race.



MONTHLY CHALLENGE

MAY + JUNE

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May Challenge *Cloudy Skies*

The visual representation of clouds in the sky is known as a cloudscape in the Art world. For this challenge it is more about the Cloudscape being the hero and less about the other details in one's painting.

This can be an exercise in observing and noticing the world around us. What inspiration can you find by simply looking up from your every day busy activities?

Sandy



June Challenge *Bohemian Rhapsody*

The June Challenge is inspired by "Bohemian Rhapsody", an iconic song sung by Queen, released in 1975. The name was later used as the title of a biographical film that came out in 2018 about Freddie Mercury, the lead singer of the rock band. Let the music, lyrics or any aspect about Bohemian Rhapsody inspire you! *Sam*





PLEASE CONSULT THE ATTACHED LISTS OF CAS ART BOOKS AND MAGAZINES. MAKE YOUR SELECTION AND CONTACT OUR LIBRARIAN, MIEKE (0760237568 OR EMAIL HER AT MIEKEFINEART@GMAIL.COM), TO COLLECT YOUR PRE-RESERVED ITEMS AT OUR MONTHLY MEETING. ALTERNATIVELY YOU CAN ARRANGE TO COLLECT THEM IN WYNBERG.

Social Media Corner

Click the icon and come and visit our Social Media pages



SOME REMINDERS

ABOUT USING OUR LIBRARY

1. BOOKS ARE LOANED FOR A MONTH, FROM ONE MEETING TO THE NEXT. PLEASE BE CONSIDERATE ON THIS ISSUE.
2. YOU MAY RENEW YOUR BOOK ONCE, THEREAFTER A FINE OF R10 IS PAYABLE FOR EVERY MONTH NOT RETURNED. PLEASE CONTACT MIEKE TO RENEW.
3. IF SOMEONE HAS REQUESTED THE BOOK YOU HAVE OUT THEN IT CANNOT BE RENEWED.
4. ONLY TWO ITEMS MAY BE TAKEN OUT AT A TIME.
5. GUESTS OF MEMBERS MAY NOT BORROW ANYTHING FROM OUR LIBRARY.
6. IF A BOOK IS LOST OR DAMAGED THEN IT NEEDS TO BE REPLACED WITH AN IDENTICAL COPY OR PAID FOR.

DISCOUNTS FOR CAS MEMBERS

Your 2024/25 membership letter/card will allow you to claim your discount from the following art shops:

- 10% at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- 10% at The Write Shoppe (Steenberg, SunValley, LongBeach) selected art materials
- 10% at The Italian Artshop (Riverside Mall, Rondebosch)
- 10% at Waltons (Constantia Village, Constantia)
- 10% at Brush & Canvas (Belvedere Square, Claremont)
- 10% at The Deckle Edge (13 Brickfield Rd, Salt River)
- 10 % at Artland (F7 Prime Park, Mocke Road, Diep River)
- 10% at Oxford Stationers (Gardens Centre & Table Bay Mall)
- 15% at ETH Canvas
- 5% at Loot.co.za (Arts and Crafts only, using the monthly CAS Voucher code)

PALETTE ADVERTISING RATES

Full Page R300 (A4 portrait)
Half Page R200 (A5 landscape)
Insert R150

(All options include an email to members and advert on the CAS social pages)

NOTICE BOARD

CLICK ON THE LINKS BELOW TO ACCESS THESE RESOURCES:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Art Groups & Plein Air Outings](#)
- [Instagram Accounts to follow](#)



artland
EMPTY WALLS LOVE US



THE DECKLE
EDGE

eth
canvas

